

Homework assignment

Lesson 1

Online adventure

ALCOHOL

- 1 When drinking alcohol, the alcohol is absorbed into the bloodstream. Your blood carries the alcohol throughout your entire body. Name three organs affected:

1 _____

2 _____

3 _____

- 2 What effect can heavy long term alcohol use have on the brain?

- 3 Name three consequences related to drinking too much alcohol:

1 _____

2 _____

3 _____

ROKEN

- 4 Smoking a hookah is at least as damaging as smoking a cigarette.
List three reasons why:

1 _____

2 _____

3 _____

- 5 Smoking is incredibly unhealthy. What negative effects could be caused by smoking?
Name three:

1 _____

2 _____

3 _____

- 6 Passive smoking is the inhaling of someone else's smoke. What is true?

Passive smoking is almost as unhealthy as direct smoking.

Passive smoking won't do much harm

BLOWEN

- 7 Smoking cannabis can have negative effects on your body. Name three of these physical effects:

1 _____

2 _____

3 _____

- 8 What side effects can smoking cannabis have on your mental wellbeing?

1 _____

2 _____

3 _____

This is the end of the online adventure.
Bring the completed worksheet to the next lesson.